

Personal Identity and Archetypes.

The following article is written as an introduction to the background, definition and processes involved in working with Archetypes. Utilising the Archetypal framework, the consultants of Meta-Life Coaching assist individuals to obtain deeper insight into their own personal Character and the sub-conscious and collective unconscious influences that effects their lives. The article will assist the reader in obtaining a basic understanding of the dynamics involved in order to prepare them for a personal analysis and its implementation into their own lives. For more information please contact me directly at freepaths@gmail.com, or on cell. +27 73 439 9060. Or visit us on the internet at the site details: <http://www.meta-lifecoaching.yolasite.com>.

Thank you for your interest. Martin Brits.

 <http://za.linkedin.com/pub/martin-brits/52/889/262>



Overview.

“Archetypes are 'identical psychic structures common to all', which together constitute 'the archaic heritage of humanity'. The way we make the first promises, or vows to ourselves that we will become scientists, artists, or mothers; is commitments that determine our path in the physical world. Archetypes represent these vows as the original model or prototype of your essence that is reflected in the projection of human emotion and motives. These leading role-model influences can inspire different behavioural responses in the diverse areas of our mental, emotional and physical lives. Carl Jung¹ defined it as the “innate neuropsychic centres possessing the capacity to initiate, control, and mediate the common behavioural characteristics and typical experiences of all human beings.” An archetype, he said, ‘is not an inherited idea, but rather an inherited mode of functioning, corresponding to the inborn way in which we display a natural pattern of behaviour’. Jung’s view held that the infant comes into the world with an intact blueprint for life which it then proceeds to implement through their interaction with the environment. The different responses can be again associated with typical identity characteristics of other entities and proto-types associated with certain functions in life. E.g. In the Spiritual area of our lives we would like to see the associated role-model of the Priest and not a prostitute that sells the aspect of spirituality to get the projected feedback of acceptance and significance when behaving in accordance to the norm of holiness and devotion typically associated with the “Priest”. An Archetype is an image from collective unconscious as an inherited memory represented in the mind by a universal symbol which can again be observed in dreams and myths. Something that serves as the model or pattern for other things of the same type, a typical, or ideal example of how something is to be formed after - therefore the formation of identity. Archetypes are collective in the sense that they embody the general characteristics of a thing, but they are also implicit in its specific manifestation. The human fingerprint, for example, is instantly recognizable for what it is on account of its unique configuration of contours and spirals. Yet every fingerprint has a configuration specific to its owner. Archetypes similarly combine the universal with the individual, the general with the unique, in that they are common (the finger) to all humanity, yet manifest themselves in every human being in an imprint peculiar to him or to her. The associated compilation and combined influence of these constellations is the projected bases for the formation of the human Identity in the way we actualise ourselves. During the process of an individual analysis we investigate the application of this process in more detail, in order to obtain clarity and direction for our lives.

¹ Adler, G. and Hull, R.F.C. (edit and transl). 1970. The Archetypes and the Collective Unconscious, Vol.9 of the Collected Works of C.G. Jung, (Vol.8, The Structure and Dynamics of the Psyche). Princeton, N.J. : Princeton University Press.

Note. Archetypes “Personifying not only discrimination; it also offers another avenue of loving, of imagining things in a personal form so that we can find access to them with our hearts.” (James Hillman. 1975. Revisioning Psychology. New York: Harper and Row).

The Quest for Personal Identity

There is no one problem with a personal identity, it is what gives us that affirmation and sense of belonging, value and significance. Personal identity normally revolve around the question of; "Who am I", or "where do I come from?" We often speak of one's "personal identity" as what makes one the person who they are. Your identity in this sense consists roughly of those attributes that make you unique as an individual and different from others. It is the way you see or define yourself and consist of unique attributes or character of the human soul. Your individual psychological identity is a property that you might have for a while and then lose. You could acquire a new identity, or perhaps carry on without one. In the Personal Mastery and Spiritual Orientation course, Alter Point, presented by Meta-Life Coaching, we study the premises and influences that makes up the components of Identity, or forms our Self-Esteem. The purpose of the personal analysis to elaborate on those influences that were present in the formation of whom you are, in addition to Biological and Socio-Environmental influences, and the need for mental continuity.

Don't we all have the hope that we will continue to exist after we die, and retain our memory of experiences and insights attained, so that we don't have to make the same mistakes again. Imagine that after your death there really will be someone, in the next world or in this one, who is a bit like you. How would that being have to relate to you as you are now in order to be you, rather than me, say, or a new person who didn't exist before? What would the "Higher Powers" have to do in order to resurrect you from the collective consciousness? Or is there anything they could do? What sort of things, metaphysically speaking, determines which future being, or which past one, is you? Or how do you know the person here and now is the same one who was there yesterday? You point to a girl in an old photograph and say that she is you. What makes you that one, rather than, say, one of the others? And who says it's you that existed back then?

Stuart Wilde, explains your true identity as "The Mirror-self: It's what you silently trust and feel about life, not what you pretend to believe" (2007. The Art of Redemption, Hay House). This view has much in common with the underlying principles of the Law of Attraction and the Mirror Principle. Stuart explains further that "It is also possible that your authentic you may be quite evil and that's okay, as it is part of your evolution. First you observe it and then you decide whether or not to change ... just realizing and admitting it is a huge step forward. Most people deny any knowledge of it which leaves them vulnerable ...". "There is enormous power inside your darkness and within it, you can resolve the authentic you, fusing it to the energy of the physical, intellectual, and emotional levels that you're operating with here on earth" ... "to be transmuted". We can therefore use this darkness to transmute (and overcome) evil. "The point is that you can never escape [your own evil / shadow tendencies] unless you bond with it, the other half. "This is the essence of the journey beyond transcendence, you see it as one and decide to make your symmetry or the imprint of your life beautiful, not ugly." "In the humility of accepting the fusion of dark and light, there is transcendence". During the Archetypal analysis process, we import the prototypal ideologies or energies, as tool to migrate this fusion of dark and light in one balanced and holistic unit. The diligent observer will also obtain the ability to identify the shadow at play and will learn the skill to move into a refined expression of their own essence in fulfilling their Higher Purposes on Earth.

There is nothing unique or new about man's endeavour to find the reasons for being on earth and in that the significance of your own existence. By studying and analysing the very foundations of our human development, we have continually used comparative reflections to gain a measure of understanding our own performance, or at least to be able to see if we fit-in, in the description of the world that we live in. Just as some kind of analytical technique is needed to understand a dream, so a knowledge of Mythology, Symbolism or Archetypal influences, is needed in order to grasp the meaning of the content derived from the deeper levels of the psyche or 'Soul', and the collective unconscious at large. In an attempt to understand the human psyche we need to look at the deeper spiritual level of our own character, which is symbolic or Archetypal. "They are more than real and less than fact, [alive] in Myth and felt in time. Their image is everywhere, and their body is nowhere, while many Institutions is laid down in their name. Yet, they are homeless. While evoked, constant, yet no-one believes they exist". "Many people, known and unknown, in virtually every region of the world, have experienced the suspension of their usual ways of being and the acquiring of meta-normal capacities through communion or identification with archetypal energies". . (Jean Houston, 1996, p.316, 326).

A bit more on the History and Development?

Archetypes can best be described as the prototypes or leading influences that guides the development of role-model identities in our search for meaning and significance. The archetype has no form of its own, but it acts as an "organizing principle" on the things we see or do. It works the way that instincts work, like a black hole in space: You only know its there by how it draws matter and light to itself. They are deep patterns of human possibility that are universal in their underlying form yet unique in how they manifest in each individual, group, or culture. Viewed with symbolic mind, it is patterns that serve in the energetic organization of your spiritual and human experience. Since the interactive relationship with your life purpose is embodied in a support system of a small group of Archetypes, they become personalised as part of the individuals own psyche. Viewed through the personal heart (vision), the Archetypes are intimate companions and guides.

Throughout history many people have been aware and has been comfortable discussing Archetypal Role models in an attempt to find higher spiritual understanding of the human psychological phenomena. "In ancient Greece, **Plato** asserted the existence of Archetypal Ideas and Forms as the centrepiece of his philosophical view of the world. Plato saw Archetypes as a *quality of being*, a *degree of reality* that is superior to that of the concrete world. In ancient Greece, the gods and goddesses of Greek tradition is therefore just *symbols of Universal patterns of emotion*².

Carl Jung believed that our ancestors 'projected' Archetypal patterns (characteristics) into myth and folklore to shape the arrangement of and interpretation of the stars into human and animal figures representing leading fields of influences towards personality – therefore meaningful names. These influences are nothing but unconscious, introspective perceptions of the activity of the collective consciousness. These role-model projections are based on "typical" norm behaviours as framework wherein man can find a sense of meaning in his search for significance. Carl Jung was the first to extensively define and explore the nature and role of Universal Archetypes in human consciousness. Echoing Plato, Jung defined Archetypes as definite forms in the psyche that seems to be present always and everywhere. Many writers have since identified Archetypal patterns that have a significant effect on our daily lives and relationships. Their work implies that although Archetypes are patterns of influence that are both ancient and universal, they become quite personalised when they are part of the individuals own psyche.

What is Archetypes then all about?

Jung's disciple, Joseph Campbell, wrote that 'archetypes or norms of myth are common to the human species, they are inherently expressive of common human needs, instincts, & potentials'. Campbell's theory states that all myths and epics are linked in that they are cultural manifestations of the universal need of the human psyche to explain social, cosmological, and spiritual realities. As example, Campbell in his study of the "myth of the hero" (The Hero with a Thousand Faces, 1949), asserted that *there is a single pattern of heroic journey and that all cultures share this essential pattern in their various heroic myths.* In his book he also outlined the basic conditions, stages, and results of the archetypal hero's journey. Yet the conditioned framework of society gave us a model for identity as part of the "acceptable" whole to attain a sense of "belonging" so that I will not feel separate and lost anymore. The problem is that this norm does not necessary coincide with the Universal collective consciousness as expressed through various characteristics typically associated with certain role model identities. E.g. It is expected of the "Witch" to be dressed in black etc. Stereotypes are based upon primitive projections that reflect only a part of the human psyche. But, a human are more than a singular definition and has leading influences in various areas of our lives. These leading, or Archetypal role model influences inspire different behavioural responses in different areas of our mental, emotional and physical lives and is always in support of your higher destiny. Recoding or re-scripting of the primary social conditioned programming in the sub-conscious mind can reshape your model of the world and of self - Archetypal; to support the inherent essence of whom you are.



1. ² Tarnas, Richard. 1991. The Passion of the Western Mind: Understanding the Ideas That Have Shaped Our World View. New York: Harmony Books, London: Random House.

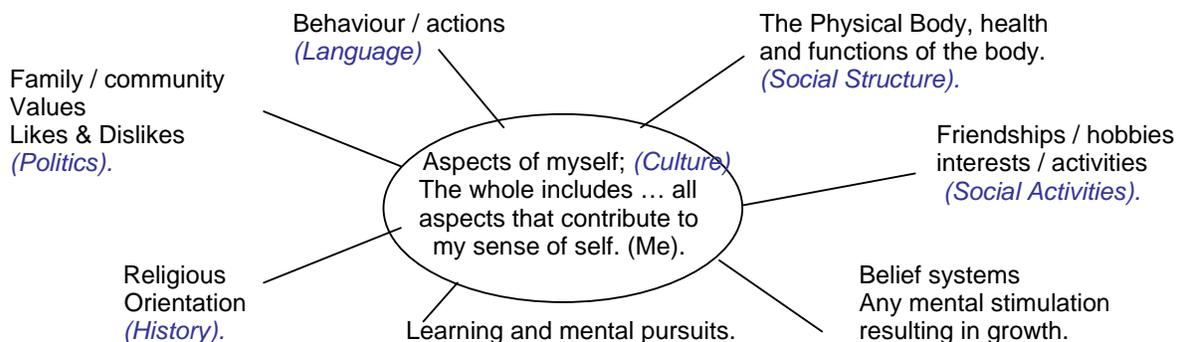
Personal Application of Archetypes.

Just as dreams have many layers of meaning, our understanding and experience of ourselves may be literal and minimal, or can reflect everyday issues and subconscious fears, when its identity symbol and their significance, helpfulness and inward inspiration is applied. Life however cannot be interpreted from "ONE" Archetypal perception of reality only. The truth presents itself in more than one form or typology. The whole of self can therefore not be expressed as a singular orientation of e.g. "I am an Advocate". By detaching from any specific form or preconception will place yourself in the centre of your universe, understanding that there is multiple influences that together create whom you are. This is a very effective way to view the leading unconscious influences of symbolism and mythology upon your life and clearly understanding their significance for today.

The Archetypes are like magnets, drawing together the elements required for an experience to manifest, including the people with whom you have established contracts with, and important decisions you make in life. The different areas of influence that effects our lives can be described as the allocated zones, chambers of feelings, rooms of our dwelling tent or temple, or fields of influence. The leading Archetypal influence in each chamber can be seen as the Minister of that respective department that calls or directs that area of your life; as elected by you, ... the King of your own country, or "God of your own Universe". Your constitution is the agreement as Sacred Contract, by which your inner country is ruled. The 12 or 13 Major principals will influence the reality of your experience within each area of your life in order for you to embrace all of the fragments of the shattered pieces of the whole or bigger picture of yourself. It is the purpose of these identities to govern your life and direct your experiences to support your "Essence" or "Highest Potential" and your "Value Contribution in the World", while you participate in e.g. the way you handle "Other People's Resources". Archetypal influences can also be seen in your "Relation to the World" to give "Expression" of who you are in and through your "Message to the World". When aligning the Archetypes in their respective houses (areas of influences), it assists you in living your life purpose and centres your spiritual - and life-journey to support your essential nature (innate character). Placing, or transposing the Archetypes in the respective house-type or areas of influence on your life, will reflect the forces at play in your decision making processes. As these influences and the meaning of the houses are peculiar to the normal physical plane, it cannot be determined by the ego and are only engaged by the subconscious mind that governs the placing of the Archetypes without the ego's involvement.

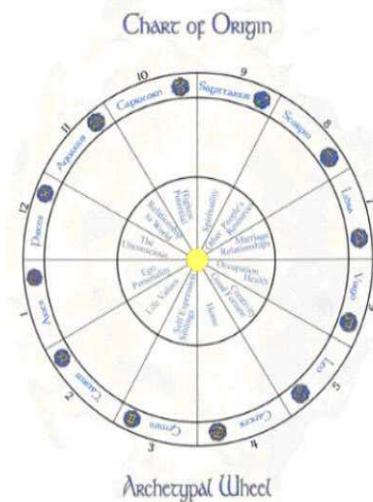
Identity Formation.

An Identity is the way we define ourselves to be, and how you formulate the expression of what you are. It is what contributes to our understanding of whom and what "I am" here to do. "Worldview can be seen as the frameworks of mindsets (paradigms), or belief systems by which people measure their perception of reality. A worldview is the way people see or perceive the world and the way they "know it to be...". *"The Individuals worldview then, is the way we see ourselves in relation to all else, or the way we see all else in relation to ourselves"*. (Thomas Kuhn). People born into a cultural system of upbringing has certain defined roles and models of behaviour that represent acceptable behaviour and norms for them - or even preformed typologies of human behaviour. E.g. A man cannot born a child, it is not suitable for a man to wear a dress, a witch is a bad thing, a fireman is a hero etc. A good example of support system is the facets that make-up the totality of your culture to include your home environment, art, clothing, music language etc. All these facets then is also major influential forces and aspects of your upbringing that represents the totality of whom you are. We can place these influences in a wheel that looks something like the figure below.



Archetypal Framework: The Archetypal Wheel (Twelve Chambers).

The clock; represents a complete cycle of life, day and night, and one year are represented by twelve months in four seasons of three months. The twelve hours of a clock also represents a wheel and resembles the ancient representation of spirit, fate, fortune, and the cycles of life – forming one cosmic supportive system. Astrology is the study of how events on earth correspond to the positions and movements of planets or astronomical bodies, particularly the sun, moon and planets. Each planet represents basic human drives, and each sign represents a set of human characteristics. Twelve signs of the zodiac surround our planet and the themes at work in the different houses represents twelve aspects of your life. Astrologers believe e.g. that the position of heavenly bodies at the exact moment of a person's birth and the subsequent movements of the planetary alignment reflect that person's character and, therefore, destiny. Although many principles in the Archetypal analysis coincide with Astrological principles, it does not follow the same divinatory focus. Astrologers create charts called horoscopes, which map the position of astronomical bodies at certain times, such as when a person is born. A horoscope is illustrated by a circle, called the ecliptic. However, utilizing the astrological wheel and leading keys for each sign of the zodiac as symbolic guideline then, helps to give us clarity regarding the leading influences on our lives and makes it more tangible. Utilizing the wheel and twelve houses of the zodiac, will shed light on our contracts and get us to see ourselves in a new way that makes symbolic language accessible to the psyche. The wheel helps us to decode the "behind the scenes" patterns of our lives. It reveals the experiences and relationships as spiritual dramas, filled with opportunities for personal transformation.



Each house deals with certain areas of a person's life, such as marriage, health, work, travel, or spirituality. In the Archetypal layout, these houses are seen as metaphysical fields of influences wherein the dimensions of the soul find its expression. In the same way that human emotions can be projected unto the stars to represent the Archetypal gods of the human nature, likewise each of the twelve houses represent the leading fields of energetic influences in the human psyche. Instead of using constellations to make predictions, the Archetypal form look at the leading Archetypal energy, or etheric influence in each particular area or house of the human psyche. The Archetypal Analysis therefore do an in-depth study of the leading influence of Archetypal forms in the human psyche's identity projections, in the same way as Psychological personality tests do. The Archetypal Analysis is a sub-conscious projection of the human character as reflected in the individual's passions, desires and expressions. These forms in the mind affects the way we behave in certain situations and predict characteristic features of the individuals interaction with certain areas of their lives, e.g. how you will characteristically behave in your work, marriage, or home environment. Or, when two people stand in a Sacred Relationship, the corresponding influences will reveal the characteristic influences and behaviours towards each other. The analysis is a magnificent way to analyse why you do what you typically do and reveal hidden areas of our lives where we tend to sabotage, victimize and prostitute (sell) our abilities and talents for the sake of security and acceptance.

Whether this Archetypal formation were already in place spiritually when you were born, and /or formed in the psyche as you grew up, *an Archetype is an unlearned tendency to experience things in a certain way.* When aligning the Archetypes in their respective houses, it assists you in living your life purpose and centres your journey in life to support your essential nature. The Archetypal forces present in your life facilitate and guide you then on your journey of self-discovery and appropriation of life's lessons. Placing the Archetypes in the respective house or areas of influence reflects the forces at play in your decision making processes. As these influences and the meaning of the houses are unknown in the physical plane, it cannot be determined by the ego and are only engaged by the subconscious mind that governs the placing of the Archetypes without the ego's involvement. When we select the Archetypes, the process of elimination confuses the Ego's element of control and assist the participant in fine-tuning to their intuition and Soul for guidance.

Brief on Archetypal Selection.

The Archetypal Analysis session entails firstly the exposition and selection of different Archetypal Identities and the explanation of your own individual grouping. The Group is later-on projected on a chart (by the participant), followed by the reading, analysis and interpretation of its influences on the individual's character traits and life-style. The reading or analysis, explores your reality and give deeper insight into sub-conscious patterns of thinking and behaving, and the dynamics that influence your current life situation. The process will again clarify the sacred ideals and social conditioning that influence your destiny on earth, *and reinforce the application of the tools obtained during the Personal Mastery and Spiritual Orientation Courses (Alter Point), presented by Meta-Life Coaching.* The Archetypal Analysis is a once-off personal session. The grouping and its interpretation will focus on the individual's "Soul-Body", or "Etheric Blueprint" that direct our awareness and expression in this age. The centring exercise quickens the spiritual energy that supports the soul-body that reads the vibration (emotional energy) that each Archetypal identity contains during the spreadsheet reading - through faith, and cannot be accessed by trusting the ego's presupposition. Even when placed reflecting a shifted disposition in your life, it will still be a clear indication of the governing influences at play in your life. The selection of the individual Archetypes will be facilitated and clarified - using the Archetypes Card Deck compiled and designed by Caroline Myss. For those who would like to know more, we strongly recommend to read the book; *Sacred Contracts, Awakening Your Divine Potential*, by the same, (Bantam Books, London. 2001). The analysis should not be attempted alone without prior reading of the textbook or previous courses completed on Archetypal Analysis.



Archetypal Selection: Identifying Archetypal Patterns.

Before we can work with the inherent inner dimensions of the sub-conscious and at a larger scale the collective unconscious, we first need to choose our own unique grouping of Archetypes. We will give careful instruction as to the process involve to arrive at your own individual blueprint. The process starts with the selection of Archetypes. For this purpose, instead of the full exposition given by Carl Jung, we will use the simplified collection of Archetypes as represented in the Sacred Contracts - Card Deck by Caroline Myss, which can be purchased at your local Metaphysical bookstore. The reason for this approach is the simplified and current relevant selection of identity prototypes used appropriate for our current age. Firstly we will start familiarising ourselves with the descriptions of the purpose for different Archetypes as well as their individual characteristics. When we reflect on our secret dreams about the greatest adventure we can have (even as a child), most often we are able to identify the characteristics that would be evident in your ideal self. This is the typical "Journey of the Hero of your Soul", whom slay the inner shadow, dragon or tiger, to release your own inner princess (males included). So how do you normally respond to life's challenges in an answer to this call - by compromising (prostituting), or sabotaging your opportunities, or by throwing drama tantrums to get attention and victimising yourself by calling illness and trauma into your life. The analytical process presented is your opportunity to slay that dragon, and to own your own power.

Firstly; all people have the following three identities in their grouping: *The Victim, Prostitute and Saboteur*. It is important to understand their descriptions. (The facilitator will assist you in this regard).

Second; each person has an *inner child* - one of the six that is described to be selected as it relates to the innocent state of your natural being.

Third, the easiest way to choose your grouping, is to simply read the descriptions of each Archetype listed, or on each card and select those that stir your curiosity, or those you feel a strong connection with. It is important to understand that it is **not** about choosing the identities or Archetypal characteristics that we want to have present in our lives. Rather, it is about being painstakingly honest and truthful in the exposition of both shadow and light attributes that occurs through-out one's life.

Fourthly, keep the following guidelines in mind.

Archetypal Selection Guidelines.

In order to select your unique group of Archetypes, keep the following guidelines in mind.

1. Keep your attention on the pattern (characteristics) that are consistently reoccurring in your life, rather than an occasional aspect. Some people admit the good aspects, but then don't want the bad. These characteristics would have occurred throughout your life, especially in your childhood years. It is the preferred way that we expressed ourselves in the games which we used to play.
2. Think from both the obvious literal and the symbolic perspective, as the hidden potential that you were always afraid to admit, or even the seemingly absurd aspects of self that you may resist, or are ashamed of to admit to others.
3. Try and determine patterns of events that is reoccurring in your life. (Never have money, always have to beg for assistance). What are the things you are naturally attracted to, and the events you call unto you? Are you a magnet for thieves? So what are they reflecting back to you about yourself? Is it something that you are doing, or is it something that you are like and resist to admit?
4. Start with the intellectual concepts first, that which we try to reason out. Then step into that place of honest connection to the silent place within. Ask yourself if this is really you, or is this who you want to be, or suppose to be according to cultural expectations. Wait for the intuitive feedback and recognition of your soul that once acknowledged, would make you very emotional, wanting to cry or erupt with abundant joy. Wait for that deep yes, I know that I know that is me ... even if I hate to be that character described and don't want anyone to know for fear of rejection.
5. Don't get distracted by connotations or physical appearances. Access each Archetypal description and look carefully for corresponding qualities in your life. Always ask WHY? Why am I choosing you? What is it that is drawing me to this pattern. Is it what I want to be and have never allowed myself to express. Or is it something that I just know that I know that it is truly whom I am.
6. Pay special attention to evidence and experiences, or secret desires throughout your lifespan, instead of isolated incidences that manifested some of the characteristics and gifts.

Invitation.



The Training and Mentoring process of Meta-Life Coaching is directed by Martin Brits (M.Min (Rel.Ed); B.Build.Arts; SAIM Dipl. Proj. Man), a Personal Development Consultant - ISNS Certified Meta-NLP Practitioner Coach, and qualified Metaphysical Master Practitioner. Martin previously served as Ordained Minister and Director of various Counselling and Cross-Cultural Training initiatives for Missionaries and has extensive experience in Transformational Life-Coaching and Leadership Training initiatives. He is currently busy with his Masters in Religious Education, and is a qualified Spiritual Healer in various alternative modalities. He also managed an Architectural Practice for more than 18 years with extensive experience in Property Development

and project design & management, and Mentorship of Building Contractors. Martin first studied the influences and patterns of Mythology within religious ritual of spiritual devotion. Through the years in Ministry he has also observed the same re-occurring patterns and characteristics reflected in counselling sessions. Focussing on identity issues, he has made an in-depth study of the Archetypal psychological dynamic and currently teach and present it from a Metaphysical perspective with a special emphasis on its cross-cultural application.

Should you require more information on the Archetypal Analysis and want to know more about individual Life-Purpose and Consciousness Training, the consultants of Meta-Life Coaching can be contacted at the details given below. This is your opportunity to discover who you are. We offer individual Transformational Coaching and Self Development Workshops that equip and assist individuals towards Self-Mastery and living their dreams and passions in life.

Meta-Life Coaching (Pty) Ltd. (2012/113582/07).

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Notes on the Archetypal Blueprint. (FAQ questions answered).

1. Where do this Archetypal pattern come from, or how is it formed in my Psyche?

A. In the much controversial theory and views of Plato, as expressed in “The Republic”, he explains that we have chosen a specific life path before we enter the sphere of space and time as eternal soul entity containing consciousness. In this way you have decided what you want to learn in this life-time to assist our own evolution and therefore have chosen all energetic influences that will assist you to learn the lessons or acquire the skills desired. In this way the blueprint compilation of influences, will assist us to become whom we truly desire to be. To assist in this process we have even chosen the family we are born with and the people that will influence our lives at a later stage - sacred contracts.

Alternatively, we can view the underlying intelligence found within each cell organism, with a knowing what is required for itself to develop to its full potential to create a magnetism that energetically draw the Archetypal forms or patterns to assist in its unfolding and evolution.

Alternatively, we can also see the eternal soul knowing what it's intentions are for the formation of itself and its own manifestation, then create the energetic imprint that will gravitate the Archetypal memory contained in the collective unconscious to shape and mould its constituent actualisation in life for eternity to be. It is thus life in its moulding and birth in the exponential expansion and evolution of consciousness.

Natural Law, or the Universal Principles states that Energy is the basic component of the Universe, and occurs in either materialised or un-materialised form. All that we see and feel is an expression of energy. (Remember that energy is particle consciousness or information expressed or manifest reality). Within all energy is an Intelligence that is infinite, eternal and purposeful. This Infinite Intelligence, is the source of all creative expression and the essential power in the Universe and is the Essence of who we are. In order to have our human experiences, we created the apparent reality that we are living outside the Oneness of all that is; and start believing that there are things and people that can affect us without our consent. The truth is that there is nothing outside of us; all that we see is our Self. Thus we think and so it is. Everything that we see and feel is a reflection of our own state of consciousness. Every person we attract into our lives is showing us some aspect of who we are or who we think we are. Every feeling expressed by another mirrors a feeling deep within us. This reflection is a gift, for it allows us to be aware of the beliefs we hold. We are then reminded of who we are, and have the choice to reclaim the power of creative expression in the re-remembering of the fragmented thoughts into a whole new you. Do you remember now?

2. So how do we decide what kind of Archetypal group or compilation will compliment the real me?

A. When we are born, we inherit the predetermined imprint of the Archetypal Blueprint compilation of energies unconsciously. They are then constructed and grouped like a council that will assist you in your life path on earth towards your spiritual evolution and full actualisation of your true essence and purpose in life. However, when we presently choose the selection of Archetypes, sometimes role identity biases and conditioned beliefs in the subconscious mind influences the choices we make. We can choose what we want to be, instead of what we really are.

The grouping chosen therefore also represent man's ego formations of idealistic identity characters, so that we can have the human experience needed for our individual evolution to assist us in remembering who I truly are - this is our own choosing. Yet when our experience of life starts to unravel and certain elements fail to meet expectations, the opportunity will arise whereby you can re-evaluate choices to assess where you might have gone wrong. With new insight towards your hearts true intentions and knowledge of your deeper needs and desires, the focus may shift and you may realise that there is actually other energetic influences, interests and talents in your life that were either suppressed and ignored or never discovered and fully acknowledged. This often makes you to feel that you have chosen the wrong Archetypes (which can be true), or it can be that the Archetypes have moved or changed from your original blueprint. We now also know that it is largely a matter of egotistical influences and false pretences or imaginings that expresses themselves through unconscious patterns, embodied in role-model projections in different situations. As you disclose more of yourself, deeper dynamics is revealed, the Archetypal interviews will give clarity and direction in this regard. Should the wrong Archetypes be in your selection, there will either not be a response, or clarity may come through and explain your mistake.

3. Can the spread or plan lay-out shift or change?

A. Yes it can. The imprint of your birth chart is available when you enter this time-space reality to set you off on your journey. It initiates your life path and assist energetically to develop your character formation. You start the journey and with every impact of Trauma, and with every Revelation of Deeper insight, a Consciousness or Paradigm - Shift occurs that restructures the Energetic Field. The Lay-out will automatically be reconfigured to assist your next phase on the journey of remembering who you are in the Empowerment of your Soul. As the paradigm (map) shift, it may even cause other Archetypes to step in or out. Yet the primary set or grouping as selected in the original analysis will remain the same blueprint, (hopefully to avoid further trauma awakenings), although it may rotate or shift. The analysis work with the force that is awakened in your psyche upon your initial projection. Any further attempts to redo the spread will reveal the current energy activity and influences in your life at that specific time. This is obviously a dynamic in its own right and functions in the same way as a Tarot reading, although much more specific in your personal interaction with the world and that which you attract.

4. How do we discern and divine the correct pattern when they can shift so quickly?

A. Trust yourself. A stable strategy is created by the guidelines as given. By allowing yourself to trust your inner guidance, you automatically fine-tune to the original pattern of your soul, even if it may look bizarre or illogical to the ego. With the set intension created by the facilitator, combined by the quest and yearning of your heart, it will create a manifestation from source energy, and the original purpose and blueprint of your journey ahead in life, will be revealed. As we have mentioned before, the initial awakening will reflect the Archetypal initiation of your life path.

5. Can the Archetypal selection or grouping change.

A. Yes they can change. The imprint of your chart initiates your life path and helps you to develop your character. It also assists you to deal with conditioning and environmental influences through your formative years. When a paradigm-shift occurs, it may cause other Archetypes to step in and out. The imprint of the primary group will remain (as blueprint) in your character formation, in the same way neuropaths is structured in the brain. The pattern detected and reflected in the chart is the imprint formed habitually in your neurological structure. The "Enlightenment" process of the analysis awakens this memory, and the consequent analysis will reflect your current energetic structure that is dominant in consciousness. Consequential trauma therefore causes continual shifts to occur on your life path towards ascension, or self-actualisation. When you journey on the path with a close associate, e.g. a marriage relationship, this pattern may also be learnt or adopted by imitation. What you focus on expands and so will the energy pattern through simple identification. This new pattern adds to your expanded consciousness, and may in itself cause changes in behavioural impulses. For example, closely associating with someone who is addicted and identifying with them may cause you to attract that Archetypal pattern, therefore never unwanted. So choose your role-models wisely.

6. Will I loose any of my abilities or is there a way that I can gain new one's?

A. As we are all interconnected and one, at the deeper level of the soul, the life-force that sustains us is the same Universal Energy that sustains all of life, although with a unique individual expression of the whole. Through our inter-connectedness, it is possible to tap into all available resources and abilities, hence all Archetypal energies. Carl Jung describe this shared pool of memories, ideas, and modes of thought, as the "Collective Unconscious", because we are not conscious thereof or attentive on it. Through the magnetic forces of intention available at your birth, specific forces act together to determine your life path. When Intention and Trauma synchronizes, a shift in compilation will occur. While tapping into a specific Archetypal form of expression, even when not part of your own predetermined original expression; the energetic data and information remain as imprint in consciousness, downloaded form the "Wyrd", or "dream weave". Thus you will inherit new and keep the unique ability with your original group. Mystics, Shape-Shifters, Exorcists, Visionaries and Guides, and even Actors regularly tap into this dynamic to obtain additional information or abilities temporarily required in given situations. By closely associating and identifying with the new role, e.g. acting the part of a Angel or Messiah identity, will reinforce the pattern and invite new Archetypal energies to form part of your life. An Artist painting a Sorcerer don't have to learn the craft, it comes naturally. That is how children learn new trades.

7. What about previous life-time experiences?

A. Memories and dreams are expressed from the unconscious mind through dreams or imaginative visualizations. We could call this memory "psychic inheritance." It is the reservoir of memories and collective experiences as a species, a kind of knowledge we all are born with. And yet, we can never be *directly* conscious of it. It influences all of our experiences and behaviours, most especially the emotional ones, but we only know about it indirectly when they are brought into our conscious awareness through trigger events and occurrences mostly connected with Archetypal Idiosyncrasies that originated from the life experiences of one's ancestors and from the entire human race. Primal experiences are represented in the Collective Unconscious by Archetypes, symbolic pictures, or personifications that appear in dreams and are common elements in myths, fairy tales, and religious literature. There are some experiences that show the effects of the collective unconscious more clearly than others: For example the experiences of love at first sight, of *deja vu*³ (*jamais vu*, flashbulb memories - the feeling that you've been here before). Also the immediate recognition of certain symbols and meanings of certain myths expressed in stories like Cinderella etc. could all be understood as the sudden consensus of our outer reality and the inner reality of the Collective Unconscious. Grander examples are the creative experiences shared by artists and musicians all over the world and in all times, or the spiritual experiences of Mystics of all Religions, or the parallels in dreams, fantasies, mythologies, folk tales, and literature. This memory can also be compared with Archetypal information, data or energy as the shapes of our human and non-human past integrated into the expression of life as the organism divine.

8. If it is just memory of these events - genetically transferred, why do I carry the load of Karma?

A. Identification. When we inherit the Archetypal memory and energetic influence at birth, we also inherit the informational imprint contained in the same collective unconscious that needs to be holistically brought to the surface and healed for humanity to evolve. However, children need to identify closely with their parents, or grossly resist them to activate its collective effect. Simple dissociation will prevent "Karmic" patterns to be activated. Archetypal energy is different. When Archetypal mystical patterns like a Noble allegiance, Priesthood or occult abilities is repressed they bleed through into other realms of our human experience, showing up in dreams, religious rituals, visions, artwork, and ultimately the madness and distortion of love as expressed in our shadow behaviour. This behaviour again has its consequences. (The Law of Cause and Effect). Sometimes the Archetypes manifest in their archaic forms as gods or goddesses, or as legendary heroes and heroines of earlier cultures, or personal images that is stored in the memories of collective experiences as individualized as personal guides and past life regressions. Sometimes what we may think of as paranormal phenomena may also belong to another system within the greater Universe, one that is mediated by Archetypes into the human experience as reminder that we are all part of a larger whole.

9. Which Archetypes is mostly influenced by Trauma, or Paradigm-shifts.

A. On your Chart, we will bring your attention to the positions of the Saboteur, Victim and Prostitute. The Archetypes that is directly situated across them is most likely to be influenced by Traumatic events. This is because these three areas are proportionately related to the "Three Keys of Consciousness⁴". With every radical traumatic event that occur in life, new forms may step in to assist your awakening in the three lower dimensional Chakra areas, so that you may open your heart to Christ Consciousness. The Archetypes that steps in may assist in this process, even if it may take you through the void where you may experience loss of certain talents that you were overtly attached to. It may occur so that you can release over identification and embrace Oneness with all of humanity (even the criminal) in the multidimensional Universe.

³ The sense of *déjà vu* (French for "seen before") is the strange *déjà* sensation of having been somewhere before, or experienced your current situation before, even though you know you have not. One possible explanation of *déjà vu* is that aspects of the current situation act as retrieval cues that unconsciously evoke an earlier experience, resulting in an eerie sense of familiarity. Another puzzling phenomenon is the sense of *jamais vu* (French for "never seen"). This feeling arises when people feel they are experiencing something for the first time, even though they know they must have experienced it before. A *flashbulb memory* is an unusually vivid memory of an especially emotional or dramatic past event. Much scientific research on these aspects as well as false memory syndrome has been done, by psychologists - and goes beyond the scope of this course.

⁴ The Three Keys of Consciousness is discussed in detail as part of "Alter Point" – A Personal Mastery and Spiritual Orientation and Life Enrichment Programme presented by Meta-Life Coaching.

**The cards are on the table and the call is yours
to change the image you have had about yourself.**

Some of the Resources and References used.

In gratitude, I recognise the wisdom of the following contributors.

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4. Caroline Myss, *Sacred Contracts, Awakening Your Divine Potential*. Bantam Books, London. 2001
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**"The wise men understood that this
natural world, is only an image
and a copy of paradise.
It's existence is simply a guarantee that
there exists ... a world that is perfect"
(Paulo Coelho - *The Alchemist*).**